

# Girl Scout 5K Walk-Together

Patch designed by Marina Venture from the Brooklyn, NY  
Chapter 102 Navigators USA.

**April 27 – Coon Rapids Dam area**  
**Start at Kathy's Dairy Mart, 10490 Hanson Blvd,**  
**Coon Rapids**  
**Start any time 9 am-12, finish by 3pm**

**AND/OR**

**May 11 – Bredesen Park, Edina**  
**Vernon Ave & Olinger Blvd, Edina**  
**Start any time 8am-1pm, finish by 3pm**  
\$2 to walk  
\$3 patch if interested



[tcvwalking.com](http://tcvwalking.com)

Interested? Please contact **Cissy Holland** at **763-232-9878** or [10ritaholland@gmail.com](mailto:10ritaholland@gmail.com) by 1 April to insure patch availability on that date (*more patches can be obtained*)

A Walk-Together is a non-competitive walk sponsored by Twin Cities Volkssports (TCV) and the American Volkssports Association (AVA). There is a 5K route mapped out around the area that we will walk along. **The cost is \$2** for the activity for every participant, paid at registration on walk day. A fun patch designed by a Girl Scout may be available for **an additional \$3**.

If you are interested in joining us on the walk (5K is about 3 miles) we will go at a leisurely pace unless some girls want to run ahead.... and then run back and run ahead and run back. It should take less than 2 hours. Please contact me at 763-232-9878 or [10ritaholland@gmail.com](mailto:10ritaholland@gmail.com). This activity is open to anybody who is interested in a pleasant outdoor activity. There needs to be at least 1 adult with every troop but it is a great family activity and we can have many people along.

There's a little paperwork to fill out so come a little early.

Have a healthy, fun outing!

***(If you cannot make the walk on these dates, contact Cissy and another walk can be arranged at any time of the year in different locations. She can join you or you and your troop can walk on your own and the patches will be sent to you.)***

