

## **10 Things Your Parents Can Do for Their Daughter's Troop**

1. Provide a healthy meeting snack at least once a year.
2. Be a parent helper at one or two meetings per year. Provide activities, be a Badge/Try-It consultant, or volunteer to be a program resource for the troop/group.
3. Offer to do the troop/group phone calls, make copies at your office, or create a troop/group Web site.
4. Attend field trips as a chaperone
5. Help with transportation for field trips
6. Help with a cookie booth sale
7. Attend all parent meetings
8. Return permissions slips and fees on time
9. Join the troop/group committee: be the cookie manager, troop/group treasurer, or outdoor/camping skills trained adult for the troop/group
10. Talk with troop/group leaders and ask how they can help